



S.T.A.R.S.

Students Taking A Responsible Stand

Reaching Your Potential

McCoy's Action Karate's Character Development Program

Reaching Your Potential!

1. Below, list 3 of your greatest talents.

2. List 3 of your greatest Qualities.

3. The "CHALLENGE LIST".

What are some things that you would like to become better at?

4. **THE BLAME GAME.** Its our responsibility to use our gifts and talents as well as to improve our weaknesses. Many times individuals don't use their talents or develop their weaknesses because they're too busy blaming others. They blame their parents, their teachers, brothers or sisters, even the weather. To prevent yourself from getting caught up in the "BLAME GAME", write the following poem down and hang it in a place that will remind you every morning that you can decide what kind of person you want to be.

**I am the one who writes my own story
I decide the person I'll be
What goes in the plot, and what does not
Is pretty much up to me.**

Requirements for S.T.A.R.S & Stripe Test

- Responsible behavior at home.
- Responsible behavior at School.
- Return S.T.A.R.S. during Stripe Testing.

Student's Name: _____

Date STARS Completed: _____

Parent's Signature: _____

Please talk to my Child about: _____

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www.MccoysActionKarate.com
www.MActionKarate.com



This Month's Stripe Color is RED, Which reminds us of the Red of Fire. The heat that comes from a RED FIRE is intense. Therefore, the Red of Fire represents Intensity!