



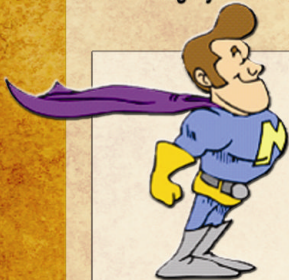
S.T.A.R.S.

Students Taking A Responsible Stand

Integrity

McCoy's Action Karate's Character Development Program

Integrity is following closely a code of ethics that is aligned with character. It means being honest and trustworthy, reliable and faithful, upright and principled in the way you act and being consistent with your actions. Integrity includes, but goes beyond honesty. Honesty is telling the truth while Integrity is matching our words to reality. Like a super hero, a black belt lives by the code of our student creed to help our community, family, and ourselves.



HERO

OR

ZERO



Integrity is matching reality to our words - which means, keeping promises and fulfilling expectations. Do what you say you are going to do. Be who you say you are. Integrity is living by a moral code and showing it in our actions. From the list below, decide if the action has the integrity of a HERO or is an action of a ZERO and check the right one!

- A. This person would never Lie.
- B. This person would never Talk behind someone's back.
- C. This person laughs at other people.
- D. This person would never Fail to keep promises.
- E. This person says things that hurt other people's feelings.
- F. This person would never Be afraid to apologize for mistakes they make.
- G This person Acts like someone they are not.
- H. This person never does what they say they are going to do.
- I. This person enjoys helping others.
- J. This person is nice to people only when they want something from them.
- K. You can always believe this person.

	HERO	ZERO
A	_____	_____
B	_____	_____
C	_____	_____
D	_____	_____
E	_____	_____
F	_____	_____
G	_____	_____
H	_____	_____
I	_____	_____
J	_____	_____
K	_____	_____

Requirements for S.T.A.R.S & Stripe Test

- Responsible behavior at home.
- Responsible behavior at School.
- Return S.T.A.R.S. during Stripe Testing.



Student's Name: _____

Date STARS Completed: _____

Parent's Signature: _____

Please talk to my Child about: _____

New England's Best Karate School!

McCoy's Action Karate
2 Great Locations

Sturbridge: 508.347.7752 Auburn: 508.832.4110

www.MccoysActionKarate.com

This Month's Stripe Color is Gold, Which reminds us of the Gold Medal at the Olympics. It is clear that winning the Gold Medal requires excellence in mind and body. This month we are teaching our students how to do this in their own lives!