



# S.T.A.R.S.

*Students Taking A Responsible Stand*

## **Black Belt Excellence**

*McCoy's Action Karate's Character Development Program*

*This month we are Focusing on these tenets of Black Belt Excellence They are not designed to hold you back in life, they are designed to help you succeed in life! These principles are the attitude traits and character qualities of a total winner. Take the time to study how these qualities are practiced in our every day life.*

*"I'm the one who writes my own story, I decide the kind of person I will be, What goes in the plot and what does not, Is pretty much up to me."*

*Tell us what each word means, and how you can use it in your life.*

*Humility:* \_\_\_\_\_

\_\_\_\_\_

*Respect:* \_\_\_\_\_

\_\_\_\_\_

*Self - Control:* \_\_\_\_\_

\_\_\_\_\_

### **Requirements for S.T.A.R.S & Stripe Test**

- *Responsible behavior at home.*
- *Responsible behavior at School.*
- *Return S.T.A.R.S. during Stripe Testing.*



*Student's Name:* \_\_\_\_\_

*Date STARS Completed:* \_\_\_\_\_

*Parent's Signature:* \_\_\_\_\_

*Please talk to my Child about:* \_\_\_\_\_

\_\_\_\_\_

**New England's Best Karate School!**

**McCoy's Action Karate**  
**508.832.4110**

**[www.MActionKarate.com](http://www.MActionKarate.com)**

*This Month's Stripe Color is Black, which reminds us of the Black in the Center of a Target.*