



# S.T.A.R.S.

*Students Taking A Responsible Stand*

## Teamwork & Focus

McCoy's Action Karate's Character Development Program

### Teamwork! "Where two or more people work together to achieve a common goal."

First, fill in the list of different teams that you can think of.

Then fill in a list of any and all teams that you are a part of. This would include much more than just sports teams. These are also groups that you are a part of and contribute to. For example; you are part of a karate team; more specifically, maybe you are part of Beginners, Intermediate or Advanced Class, or you may be BBTC, MTC, SWAT or FIST. With just the example of karate, many teams can be thought of, so think of your life outside of but including karate and sports teams and list at least 5 teams that you are part of. If you can list more feel free to do so. Then answer the question about teamwork.

Name the Different Teams You can Think Of..

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Name Different Teams that you belong to.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

There is no \_\_\_\_ in Team?

On any true team, is any one person more important? YES / NO

Fill in the blanks below: Team stands for

T \_\_\_\_\_

E \_\_\_\_\_

A \_\_\_\_\_

M \_\_\_\_\_ !

How can people achieve more when they work together?

\_\_\_\_\_

\_\_\_\_\_

#### Requirements for S.T.A.R.S & Stripe Test

- Responsible behavior at home.
- Responsible behavior at School.
- Return S.T.A.R.S. during Stripe Testing.



Student's Name: \_\_\_\_\_

Date STARS Completed: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_

Please talk to my Child about: \_\_\_\_\_

\_\_\_\_\_

### New England's Best Karate School!

McCoy's Action Karate  
508.832.4110

[www.MActionKarate.com](http://www.MActionKarate.com)

This Month's Stripe Color is Black, which reminds us of the Black in the Center of a Target. You will learn to Block out Distractions, how to make the Right Decision, and to quickly decide what's Important all buy using Focus.