

McCoy's ACTION KARATE (ALL CLASSES FOR BOTH SCHOOLS IN AUBURN)

Winter Class Schedule Starting January 2, 2012

TINY TIGERS

Monday	9:30 am	6:00 pm
Tuesday		4:30 pm
Wednesday		5:15 pm
Thursday		4:30 pm
Friday	9:30 am	5:30 pm
Saturday	10:45 am	

LITTLE DRAGONS

Beginner

Monday	10:00 am	4:00 pm
Tuesday		5:00 pm
Wednesday		4:00 pm
Thursday		5:45 pm
Friday	10:00 am	4:00 pm
Saturday	10:15 am	

Advanced

BBTC

Monday	4:45 pm	4:30 pm
Tuesday	5:45 pm	5:30 pm
Wednesday	10:00 am	9:45 am
Thursday	4:45 pm	4:30 pm
Friday	5:00 pm	5:30 pm
Saturday	4:00 pm	4:30 pm
Saturday	10:15 am	

TEEN AND ADULT PROGRAMS

Monday	9:00 am	6:30 pm
Tuesday	<i>teen only</i>	<i>5:30 pm</i>
	<i>Just Adults</i>	<i>7:30 pm</i>
Wednesday		6:30 pm
Thursday		7:15 pm
Friday	9:00 am	5:45 pm
Saturday	11:15 am	

CDF	Kickboxing	Mixed Martial Arts
		Teen adult
Monday	10:00 am	7:30 pm
Tuesday	6:30 pm	
Wednesday		4:15 pm 7:30 pm
Thursday	6:15 pm	
Friday	10:00 am	
Saturday	9:15 am	

BIRTHDAY PARTIES

Saturday – 1:30pm & 3:30pm

XMA – X-treme Martial Arts

Monday	6:00 pm
Saturday	10:45 am
Maximum Edge	
Friday	6:45 pm

KARATE KIDS

Beginner Karate Kids

Monday	10:30 am	4:00 pm
Tuesday		6:15 pm
Wednesday		5:00 pm
Thursday	4:15 pm	6:30 pm
Friday	10:30 am	4:45 pm
Saturday	9:00 am	

Intermediate Karate Kids

Monday		5:15 pm
Tuesday		4:00 pm
Wednesday	10:30 am	5:45 pm
Thursday		5:45 pm
Friday		4:30 pm
Saturday	9:00 am	

Advanced Karate Kids

Monday		5:15 pm
Tuesday		4:45 pm
Wednesday	10:30 am	5:45 pm
Thursday		5:00 pm
Friday		4:30 pm
Saturday	9:00 am	

POWER TURTLES

Monday	9:00 am	3:30 pm
Tuesday		4:00 pm
Wednesday		3:45 pm
Thursday		4:00 pm
Friday	9:00 am	
Saturday	10:15 am	

SPECIAL CLASSES

PRO-TECH

Monday	4:45 pm
Saturday	9:45 am

BLACK BELT ONLY CLASS Tuesday 7:00 pm

SWAT Saturday 11:30 am
FIST Tuesday 7:30 pm
HIT

Karate Kids Friday 6:00 pm
 Adults Wednesday 7:30 pm

BLACK BELT CANDIDATE CLASS Wednesday 6:30 pm

COMPETITION TEAM: Mon. & Wed. 7:30pm Friday 5:15 pm

BOOT CAMP – Black Belt Test Prep
 Saturday – Stripe Test Week ONLY 1:00 pm