McCoy's Action Karate Sturbridge - School

Spring Schedule – Starts April 1, 2007

Tiny Tigers

Monday	3:30 pm
Tuesday	3:30 pm
Wednesday	4:15 pm
Thursday	4:00 pm
Saturday	11:15 am

Beginner Little Dragons

Monday	4:00 pm
Tuesday	4:45 pm
Wednesday	3:45 pm
Thursday	4:30 pm
Friday	4:00 pm
Saturday	10:00 am

Advanced Little Dragons

		BBTC
Monday	4:30 pm	5:00pm
Tuesday	4:45 pm	5:15pm
Wednesday	4:45 pm	5:15pm
Thursday	5:00 pm	5:30pm
Friday	4:00 pm	
Saturday	10:00 am	

Karate Kids

	Beginners
Monday	5:15 pm
Tuesday	4:00 pm
Wednesday	5:30 pm
Thursday	5:45 pm
Friday	4:30 pm
Saturday	9:30 am
	Advanced
Monday	6:00 pm
Tuesday	5:30 pm
Wednesday	6:15 pm
Thursday	6:30 pm
Friday	5:00 pm
Saturday	9:00 am

Teens and Adults

Monday		6:45 pm
Tuesday	9:00 am	7:30 pm
Wednesday		7:00 pm
Thursday	10:00 am	8:15 pm
Friday		6:30 pm
Saturday		11:45 pm

Cardio Defense Fitness - Kickboxing

Monday	7:45 pm
Tuesday	6:15 pm
Wednesday	8:00 pm
Thursday	7:15 pm
Friday	5:30 pm

Specialty Classes

SWAT	Saturday 10:30am
Movie Night	Friday – 7:30pm
Birthday Parties	Saturday 1:00pm

Addition Times for Summer and School Vacations

Tiny Tigers

Tuesday	11:00 am
Thursday	Noon

All Karate Kids

Tuesday	11:30 am
Thursday	11:30 am

All Little Dragons

Tuesday	Noon
Thursday	11:00 am