



S.T.A.R.S.

Students Taking A Responsible Stand

RESPECT

McCoy's Action Karate's Character Development Program

THE RESPECT TEST

Respect for life, property, parents, elders, those in authority, for nature, and the beliefs and rights of others. Courtesy, politeness and good manners. Self-respect and the avoidance of self-criticism

Parents please help your child with the following activity. This test helps children understand the importance of being respectful and let's them realize how and when they should exercise their respect and kindness to others. Parents should use this opportunity to discuss with their children the meaning of respect and the rules their family has set forth for showing respect to others.

1. It is OK to interrupt someone who is talking? Yes or NO
2. Do unto others, as you would have them _____.
3. If an older person were to get on a crowded bus and there was no seat for them to sit in, the respectful thing for you to do would be?
 - A. Do nothing, because they are used to standing.
 - B. Wait to see if anyone else will let them sit down.
 - C. Stand up and offer them your seat.
4. Which item below best describes someone that respects themselves.
 - A. A person that keep themselves clean.
 - B. A person that would never do any harm to themselves or would never take drugs or drink alcohol.
 - C. A person that studies and tries to make good grades.
 - D. All of the above
5. Name three people you greatly respect?
 1. _____
 2. _____
 3. _____

Requirements for S.T.A.R.S & Stripe Test

- *Responsible behavior at home.*
- *Responsible behavior at School.*
- *Return S.T.A.R.S. during Stripe Testing.*



Student's Name: _____

Date STARS Completed: _____

Parent's Signature: _____

Please talk to my Child about: _____

New England's Best Karate School!

McCoy's Action Karate
508.832.4110

www.MccoysActionKarate.com

This Month's Stripe Color is Black, which reminds us of the Black in the Center of a Target. You will learn to focus on a particular goal, to focus through challenges and to focus on your environment, particularly people talking to you.