

POSITIVE ATTITUDE

New England's



Action Karate

www.MActionKarate.com

Best Karate School

*"I am convinced that
life is 10% what
happens to me
and 90 %
how I react to it."*

~Charles Swindell~

"When you choose to be pleasant and positive in the way you treat others, you have also chosen, in most cases, how you are going to be treated by others."

Zig Ziglar