

MCCOY'S ACTION KARATE

Our school is a Black Belt School, meaning it's our goal to produce Black Belt students. Making sure that our Black Belt graduates are in great shape, can defend themselves, and have instilled in themselves the Black Belt characteristics of pride, courtesy, confidence, honesty, self esteem, courage and indomitable spirit.

In our intermediate class, there are more weapons available and advanced techniques to be learned as well as a new beginning in all of the extracurricular activities that McCoy's Action Karate has to offer in addition to your regular classes. In addition, it is now the time to be thinking of expanding your training into the Masters Training Course, and if you've already taken that step here is a reminder of the classes you can also train in...

As a Beginner you would get:

Team Zenith (S.W.A.T) - It is both a demonstration Team and the entry level to our unique teaching and leadership system. This is also part of our Black Belt Teaching program.

Hyper-Pro Training (X.M.A) – A combination of high end karate performance skills, gymnastics, dance and performance arts. This program is part of our Black Belt Performance program but it is also open to all students both in and out of our school.

As an Intermediate you now also get:

Pro-Tech – Opportunity to learn how to use and experience new and exciting weapons and skill sets that are primarily taught to the advanced ranks.

Hyper Fight Club - Teaches the only fully integrated sparring system we have been able to find in the United States. This class is also part of the Black Belt Fighting program.

As an Advanced your additional advantages will be:

Candidate Class – Reviews the entire curriculum in preparation for Boot Camp and therefore, Black Belt testing in weekly sessions.

Boot Camp- A series of pre-tests to prove that you're ready for Phase Testing and a time to set yourself apart in the instructors minds.

Over the past months, you have come to accomplish much. From the first moment you took a huge step of courage walking through the door to sign up for martial arts training, to today where you stepped into a tighter knit circle of determined martial artists. I know that you will be pleased with the promotion to this new class and the program it has become as much as I am in welcoming you to it. This is a well deserved honor, congratulations.

To whom a lot is given, much is expected from them, and I do not fear that you will come to surpass all that is now expected of you.

Dedication to Furthering Your Training,

Barbara McCoy #5
Owner



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